



Shamrock Wrestling Club

www.shamrockwrestling.com

REGISTRATION DATES 2009-2010

Tuesday, October 20, 2009
7:00 - 9:00 p.m.

Saint Patrick High School - GYM Balcony
5900 West Belmont Avenue
Chicago, IL 60634
(use the Austin Avenue Entrance)

\$100.00 PER WRESTLER
\$80.00 EACH ADDITIONAL FAMILY MEMBER

Birth Certificate needed for application.

INCLUDES:

USA Membership Card
Insurance
Team Sweats and T-Shirt

FOR MORE INFORMATION

If you would like more information about the Shamrock Wrestling Club please contact:

Joe Moore

Shamrock W.C. Head Coach
Assistant Coach - Saint Patrick High School
jmoore@shamrockwrestling.com
847-508-1741

Patrick Duggan

Saint Patrick High School
Head Wrestling Coach
pduggan@stpatrick.org
773-282-8844 ext. 282

Shamrock Youth Wrestling Club

CELEBRATING OUR SIXTEENTH YEAR

1995-2010

The Shamrock Wrestling Club invites you to become part of an increasingly popular sport. Wrestling stresses self-discipline and physical conditioning while giving the young athlete an opportunity to build up his self-confidence. Sign up as a little boy and walk out a confident young man.

This is the **16th year that Saint Patrick High School has sponsored** a grammar school wrestling team. Last year's club was made up of over 50 athletes from more than twenty-five area grade schools.

Four individuals from last year's team qualified for the **Illinois Kids Wrestling Federation State Tournament** and one Shamrock returned with a **3rd Place medal**, the club's 4th medal in four years.

QUICK FACTS ABOUT THE CLUB

- Open to all grade school age boys.
- No previous experience necessary.
- Weight classes ranging from 40 - 275 lbs.
- Wrestle kids your own age and weight.
- Practice 2-3 nights per week @ SPHS.
- Tournaments on Sundays beginning in December.
- Opportunity to compete in 30 matches.
- Member of the Illinois Kids Wrestling Federation.